

WEBVTT

1

00:19:23.310 --> 00:19:25.170

Talline Martins: Hello everybody well.

2

00:19:27.300 --> 00:19:39.060

Talline Martins: It is 1131 or one minute late let's go ahead and get started Thank you so much for joining us and they see that we still have a few people joining so i'll just have a.

3

00:19:39.720 --> 00:19:56.610

Talline Martins: Slow intro to give everyone time to join us, I am totally me martin's of the director of the office of graduate professional development here you where we are and amanda catrin is here with us, you can see, waiting.

4

00:19:57.720 --> 00:20:02.550

Talline Martins: There she's the program coordinator in the office, and we are in the graduate school.

5

00:20:03.510 --> 00:20:16.860

Talline Martins: So we are right sort of close to positively America, if you want to come and visit us at some point we do have most of our programming right now, its own line, but hopefully we'll have start having more things.

6

00:20:18.120 --> 00:20:19.080

Talline Martins: In person soon.

7

00:20:20.220 --> 00:20:35.280

Talline Martins: So what I wanted to do this, a shorter presentation than usual bikes and give you an overview of what we do, what kind of services are available to you and other resources and opportunities, but I just wanted to get a.

8

00:20:36.390 --> 00:20:48.420

Talline Martins: feel for who we have joining us today see if you could just add in the chat if you are a master student doctoral student and what year you are in your Program.

9

00:20:52.440 --> 00:20:57.000

Amanda Catron (she/her): Also, if your faculty or staff, I see some familiar names in here.

10

00:20:59.400 --> 00:21:01.080

Talline Martins: Right record your awesome.

11

00:21:08.040 --> 00:21:09.450

Okay perfect.

12

00:21:13.050 --> 00:21:13.890

Talline Martins: Wonderful.

13

00:21:16.440 --> 00:21:18.570

Talline Martins: Lots of fish shares okay.

14

00:21:20.190 --> 00:21:21.180

couple of seconds.

15

00:21:22.440 --> 00:21:24.000

Talline Martins: This is great, thank you.

16

00:21:26.310 --> 00:21:27.990

Talline Martins: for a second year perfect.

17

00:21:32.190 --> 00:21:36.060

Talline Martins: All right, this is exactly the audience, who were looking for, so this is wonderful.

18

00:21:37.560 --> 00:21:41.790

Talline Martins: Alright, so i'm going to go ahead and share my screen here and we can get.

19

00:21:43.830 --> 00:21:45.000

Talline Martins: started.

20

00:21:47.280 --> 00:21:48.090

See.

21

00:21:50.490 --> 00:21:52.200

Talline Martins: So let me.

22

00:21:53.700 --> 00:22:00.780

Talline Martins: Do this okay so amanda, can you confirm what screen you're seeing.

23

00:22:01.830 --> 00:22:03.120

Amanda Catron (she/her): i'm seeing presenter view.

24

00:22:03.630 --> 00:22:03.960

Okay.

25

00:22:06.750 --> 00:22:07.290

Talline Martins: about that.

26

00:22:09.120 --> 00:22:09.570

Amanda Catron (she/her): There we go.

27

00:22:10.560 --> 00:22:17.610

Talline Martins: Okay, all right, so I just introduced ourselves and let's see So what do we do.

28

00:22:18.840 --> 00:22:30.870

Talline Martins: In the office Oh, and please, if you have any questions put it in the chat i'm going to give you like an over 50 office first and then we're going to switch it over to amanda and she's going to go through our.

29

00:22:31.440 --> 00:22:40.140

Talline Martins: website, which is chock full of resources for you so just hope you have to navigate it so if you miss something here just don't worry.

30

00:22:41.490 --> 00:22:44.370

Talline Martins: hope to be a little bit more clear when amanda goes through the website.

31

00:22:45.660 --> 00:23:06.660

Talline Martins: So we really want to help you in in very broad terms, help you to be as successful as you can be while you're in graduate school so help you with skills that you can use to be effective in completing your degree and also they can take with you in your careers after you leave us.

32

00:23:08.400 --> 00:23:11.790

Talline Martins: So this is like I try to make it clear, like what.

33

00:23:12.900 --> 00:23:18.120

Talline Martins: What we mean by professional development, and how that fits together with what you do.

34

00:23:19.170 --> 00:23:27.900

Talline Martins: During your graduate education so most of you have chosen to go into graduate school, you know, there are a variety of different reasons why people choose to go to Grad school.

35

00:23:28.230 --> 00:23:36.750

Talline Martins: It could be you're really, really interested on one area specifically or for a job you want to have you really need to have that three.

36

00:23:37.830 --> 00:23:44.400

Talline Martins: But I would assume that all of you want to have a nice job at the end of this right and professional.

37

00:23:45.420 --> 00:23:54.900

Talline Martins: So you've chosen your programs for a variety of reasons, but probably because it's regarded and they'll give you those skills right and credentials to get into the career that you've launched.

38

00:23:55.740 --> 00:24:04.800

Talline Martins: And that is a wonderful thing, for your programs, and you will absolutely get those skills or technical on theoretical skills within your graduate programs.

39

00:24:06.000 --> 00:24:14.970

Talline Martins: What I want you to also think about is you spend all this time, you know years you know sharing doctoral Program.

40

00:24:16.380 --> 00:24:19.770

Talline Martins: can vary let's say three to sometimes eight years.

41

00:24:20.880 --> 00:24:27.510

Talline Martins: Working on those skills, what we want to make sure is that you are leveraging those skills, the best way possible, so one example.

42

00:24:28.680 --> 00:24:34.080

Talline Martins: That I give is let's say you come up with this brilliant plan or this time let's say your engineering.

43

00:24:35.130 --> 00:24:35.610

Talline Martins: But.

44

00:24:36.870 --> 00:24:41.160

Talline Martins: You can't buy communicated effectively in writing for through a presentation.

45

00:24:41.820 --> 00:24:53.580

Talline Martins: And you're really selling yourself short, if you don't work on those communication skills, for instance, same thing if you're writing a grant proposal right future can't communicate or compel others.

46

00:24:54.120 --> 00:25:00.300

Talline Martins: by your idea and why them merits to have funding you're selling yourself short so it's not you know I.

47

00:25:00.750 --> 00:25:06.480

Talline Martins: Definitely don't I don't want you to think, as always, something at work on later it's something professional.

48

00:25:07.170 --> 00:25:18.810

Talline Martins: skills will help your soft skills, you know, sometimes it's called soft skills will help you from the very beginning of your graduate education all throughout your career, so please don't neglect those.

49

00:25:19.890 --> 00:25:34.380

Talline Martins: Alright, so this is at us, we have a set of competencies that we hope all of our graduate students will develop for being s3 a Grad student here you laugh, and this was.

50

00:25:35.070 --> 00:25:44.670

Talline Martins: This competencies for developed a few years ago it was campus wide we have faculty and teams come together to talk about this, and this is what we came up with.

51

00:25:46.230 --> 00:26:03.120

Talline Martins: We expect our students to gain core skills in research skills and knowledge, so this is what most of you are probably you know very aware of in terms of skills for graduate school so research design responsible conduct research statistical analysis that kind of thing.

52

00:26:04.140 --> 00:26:05.220

Talline Martins: research methods.

53

00:26:06.870 --> 00:26:15.000

Talline Martins: But we also think it's very important for you work on your effectiveness of purpose and this is what starts getting a little bit you know nebulous what.

54

00:26:15.450 --> 00:26:24.600

Talline Martins: What do we mean what, what are we talking about so things like time management and we have a lot of doctoral students, a lot of masters students.

55

00:26:25.440 --> 00:26:37.980

Talline Martins: I bet, we have also doctoral students that have their master's degree already, and if you if you're one of those you you already know that your graduate program is sort of like this one.

56

00:26:38.880 --> 00:26:56.730

Talline Martins: huge project that takes multiple months and years right so time management and project management Those are all that can make your life a lot easier if you if you can use those effectively self care you're in it for the long haul right it's a marathon it's not a sprint.

57

00:26:57.780 --> 00:27:03.480

Talline Martins: Your your most valuable assets are you do, you know how to take care of yourself, you know what I mean.

58

00:27:04.620 --> 00:27:08.880

Talline Martins: You know, in terms of physical, as well as mental wellness.

59

00:27:10.230 --> 00:27:15.690

Talline Martins: Okay communication, so this will vary by program and what you want to do.

60

00:27:16.140 --> 00:27:23.310

Talline Martins: Some field is going to be grant proposal writing very important if you're going to go into you know it could be MIA you need to fund your research.

61

00:27:23.700 --> 00:27:39.030

Talline Martins: But maybe public speaking probably all of you for good speaking i'm guessing but maybe let's say writing for non technical audiences, if you want to go into outreach, for example, or teaching right teaching the future that will go under communication.

62

00:27:41.070 --> 00:27:47.250

Talline Martins: Then management and leadership and this one I usually get the puzzle from students because they're like well i'm a student i'm not a manager.

63

00:27:48.690 --> 00:27:57.150

Talline Martins: But there are a lot of things that you will learn, if you have any as a graduate students that will help you with that one is conflict management.

64

00:27:58.500 --> 00:28:08.460

Talline Martins: you're going to work with people there are other students or faculty that will work differently from you, and they communicate differently from you so that's a skill that.

65

00:28:09.840 --> 00:28:17.670

Talline Martins: And just newsflash that's going to be throughout your life right it's, not just in graduate school, so this is a good time to start learning about.

66

00:28:18.240 --> 00:28:27.540

Talline Martins: Those different communication styles and how to work with different people, one thing that I always like to highlight about management is the mentoring aspect so.

67

00:28:28.800 --> 00:28:38.100

Talline Martins: What we mean by that is oftentimes students feel like they're you know there's power differential between their advisor major advisor.

68

00:28:39.150 --> 00:28:50.310

Talline Martins: In themselves and that they kind of have to adapt to how the advisor works and that's true to some point, but what we call venturing up isn't working with your advisor.

69

00:28:50.880 --> 00:29:03.750

Talline Martins: so that you can also get your needs met right it's a two way street, you both need to adapt to each other, so we have some resources and tools that you can use to make sure that relationship is working for you.

70

00:29:06.000 --> 00:29:08.460

Talline Martins: professionalism, so this is.

71

00:29:11.400 --> 00:29:12.600

Talline Martins: it's a very.

72

00:29:14.760 --> 00:29:19.650

Talline Martins: Interesting shift that you have from undergrad, especially for those of you coming from undergraduate.

73

00:29:21.030 --> 00:29:30.270

Talline Martins: Studies as an undergrad you're very much seen as a student as a graduate student, even though you're a graduate student.

74

00:29:31.230 --> 00:29:44.460

Talline Martins: Expectations are much higher in a lot of ways, you are seen as a professional For those of you who are graduate assistants that that's a formalized thing right, you are a student and an employee.

75

00:29:44.970 --> 00:30:02.730

Talline Martins: So expectations are higher right there are a lot of things like being very punctual being a reliable writing professional emails that is it really seems like it's a one nitpicky thing but it's nice it's very important you know respond timely.

76

00:30:04.290 --> 00:30:11.850

Talline Martins: When people request things if you if they say, do you have this and you don't and you're waiting for it to find out still respond say no, I don't have that yet.

77

00:30:12.180 --> 00:30:28.380

Talline Martins: i'll let you know once they do I mean I know it's simple things but I mentioned, because I see it all the time, so this is something that to keep in mind, and it goes a long way in opening doors for you to have very professional behavior.

78

00:30:29.610 --> 00:30:38.880

Talline Martins: and career advancement again you spend a long, long time working or decrease, we want to make sure that you are using all of that and.

79

00:30:39.240 --> 00:30:49.500

Talline Martins: And all your potential to get to wherever it is that you want to go, so you know spending some time learning how to interview and finding careers, we often go in and like it's.

80

00:30:50.070 --> 00:30:59.850

Talline Martins: For a lot of fields it's academia for industry and there's so many options for you so make sure that you know we spent some time looking at those.



81

00:31:02.130 --> 00:31:03.690

Talline Martins: Alright, so I just.

82

00:31:04.770 --> 00:31:18.660

Talline Martins: threw a bunch of competencies that you may you might not have known that's expected of you as a graduate student, so I understand we have tools to help you one of the main ones is individual development plan.

83

00:31:19.800 --> 00:31:23.490

Talline Martins: This is a requirement for all of our the Torah students here you've asked.

84

00:31:24.690 --> 00:31:37.560

Talline Martins: And it's really helpful tool for you to set short term goals, so, for instance, or a lot of you most of you are coming in, or they're all in the beginning, even if you're like second year right.

85

00:31:38.940 --> 00:31:44.460

Talline Martins: So what do you want to do right away so think about being efficient in their training, not just being like well.

86

00:31:45.840 --> 00:31:57.630

Talline Martins: They told me how to take these classes i'm going to go ahead and do it no like really think about your skills, you know what do you need to improve on think about that long term goals, as I mentioned earlier.

87

00:31:58.860 --> 00:32:04.230

Talline Martins: Grad school is one long project massive project if you think about.

88

00:32:06.270 --> 00:32:18.540

Talline Martins: A four year PhD you have any break it by semesters so let's say you have you know four years, forget about summers you know you have eight little blocks of time.

89

00:32:19.260 --> 00:32:32.790

Talline Martins: Can you think about how you structure, what you would do in each of those and does that make sense to where you are and where you want it so it's a way to like really take a long term view of what you're trying to accomplish.

90

00:32:35.580 --> 00:32:40.110

Talline Martins: Personally, I think the IDP is a wonderful mentoring.

91

00:32:41.790 --> 00:32:53.430

Talline Martins: Now, and this is the reason why there's research out there and i'm not just saying this, especially for the doctoral programs, you know their research based programs that relationship with your advisor.

92

00:32:54.090 --> 00:33:14.310

Talline Martins: is going to be the number one factor in your success and satisfaction graduate education, so this tool allows you to talk about what it is that you want out of this degree or out of this semester or out of this year, you know you can play with the scale there.

93

00:33:15.390 --> 00:33:24.930

Talline Martins: And what is it that your advisor wants out of you, you want to make sure that those expectations are aligned, because you you you're just.

94

00:33:26.190 --> 00:33:35.550

Talline Martins: going to have conflict right, if you think you're doing what you want, which is great, but it's not what they thought you should be doing and you're going to be.

95

00:33:36.300 --> 00:33:44.730

Talline Martins: Not understanding why they're not happy with what you're doing right so it's really important to have those mutual expectations from the get go.

96

00:33:46.380 --> 00:33:47.580

Talline Martins: And it's a living document.

97

00:33:48.870 --> 00:33:50.370

Talline Martins: Most students change.

98

00:33:51.930 --> 00:33:59.400

Talline Martins: When you come into Grad school and when you get out of Grad school they changed what they want to do career wise that's very common so once you get get that point don't worry.

99

00:34:00.420 --> 00:34:08.130

Talline Martins: happens to most of us so it's a living document you can change accordingly, so you should have your plans it's very easy to just.

100

00:34:09.600 --> 00:34:15.900

Talline Martins: And we are we encourage you, not only encourage you you're required to revisit this year.

101

00:34:17.190 --> 00:34:19.830

Talline Martins: Alright, so this is how you see this is just that.

102

00:34:21.930 --> 00:34:29.580

Talline Martins: A screenshot of our individual development plan, you can see where the the major competencies are.

103

00:34:30.720 --> 00:34:46.050

Talline Martins: Research skills and knowledge management, etc, I will say this every department will have their own way of using the IDP, so this is, we have this on our website, but please check with your department about what ID key format they use OK.

104

00:34:47.190 --> 00:34:49.050

Talline Martins: OK, so I just want to make.

105

00:34:50.220 --> 00:34:53.220

Talline Martins: mention one thing, for instance, if you look at.

106

00:34:56.070 --> 00:35:04.350

Talline Martins: let's see research, because the knowledge and it just says broad based knowledge of field, you know it's like we're giving some examples, but still so broad.

107

00:35:05.280 --> 00:35:23.190

Talline Martins: So we designed something called a roadmap as a strategic roadmap for graduate students here, you went and tried to break them down even more of you know, these are the competencies, you can see it on the left and then by stage, we have a master's roadmap and habit that.

108

00:35:24.990 --> 00:35:39.330

Talline Martins: And you can see how we have you know different so preparations what that would look like when you maybe start thinking about this and networking mental wellness from from the beginning and through how.

109

00:35:40.620 --> 00:35:47.070

Talline Martins: Big a management, you might have data right in the beginning, so maybe in the middle that goes with their research skills and knowledge.

110

00:35:48.090 --> 00:36:02.160

Talline Martins: career exploration I would start from the very beginning, if possible, but no it's going to change throughout and then teaching again depending when you teach So these are just some examples Mandel show you where you can find them.

111

00:36:03.480 --> 00:36:17.790

Talline Martins: In the website and I just want to a disclaimer be created this for all 4000 friends to incite us right so not every little lines going to match for you.

112

00:36:18.480 --> 00:36:30.210

Talline Martins: that everything is going to to be something that you would do for your program or what you want to do so just you know be flexible it's just really meant to keep you like a rough guide of how to structure, you know.

113

00:36:30.810 --> 00:36:34.800

Talline Martins: kind of remind you what skills to be thinking about as you go through your Program.

114

00:36:37.650 --> 00:36:40.170

Talline Martins: All right, so i'm just a quick.

115

00:36:41.970 --> 00:36:44.370

Talline Martins: I was always talk too much okay um.

116

00:36:45.510 --> 00:36:51.090

Talline Martins: go through some of the resources that we have we have weekly workshops and then those going to show you those.

117

00:36:52.140 --> 00:37:07.020

Talline Martins: Writing program which fits your pipeline for it and students meet once a week for an hour and a half and be right, whatever projects they're working on, we to meet with you individually, if you want to just talk about.

118

00:37:08.160 --> 00:37:19.050

Talline Martins: anything related to professional development let's say you're just looking for resources, please don't spend like three hours looking for something send us an email, and we can do that for you.

119

00:37:20.520 --> 00:37:32.220

Talline Martins: So about this is one of your skills, professional skills and being effective this is called delegating right there are other people that can help you and that we get paid to help you so please let us do that.

120

00:37:34.080 --> 00:37:42.600

Talline Martins: We also have times for you to come in and right if you don't know that yeah i'm gonna break the news to you you're gonna be doing a lot of writing in graduate school.

121

00:37:43.200 --> 00:37:50.340

Talline Martins: that's why we have quite a bit of writing things there, we have a leadership program for women that just started like a year long.

122

00:37:51.330 --> 00:38:00.960

Talline Martins: We also have a prepare future faculty now, this one is more for the end stages of your program she think you want to follow an academic career and we do have that.

123

00:38:02.700 --> 00:38:10.860

Talline Martins: We have so you F, is a very big campus and the good things that there's a lot going on.

124

00:38:12.360 --> 00:38:17.610

Talline Martins: pretty much when we have so many resources professional development and otherwise.

125

00:38:18.690 --> 00:38:28.560

Talline Martins: The difficult part is that it's a really big campus and for you to find out this it's maddening So what we try to do is do that for you.

126

00:38:29.130 --> 00:38:42.390

Talline Martins: So you can focus, you know your time on your research and your classes and whatnot so we keep a tab of everything that's going on on our website so you can check very quickly without having to go to like 14 different websites every.

127

00:38:44.700 --> 00:38:51.660

Talline Martins: You should be receiving a newsletter it's called thrive every other week, you should receive one today, hopefully.

128

00:38:52.890 --> 00:39:06.210

Talline Martins: That has you know what's coming up in the next two to four weeks so we try not to spam you with a bunch of bumps will try to put it, you know every other week get into sweater just read through and see if there's anything that's interesting to you.

129

00:39:07.860 --> 00:39:16.770

Talline Martins: you're going to find funding opportunities workshops research if we think it's broad enough for, for you know, a large portion of students.

130

00:39:17.190 --> 00:39:30.840

Talline Martins: Teaching have an amazing Center for teaching excellence on campus they have a lot going on, so we put that in their newsletter as well, and a bunch of resources, some camp on campus and off campus.

131

00:39:32.100 --> 00:39:40.500

Talline Martins: um okay so here's some examples of the weekly workshops that we have these are coming up so design thinking.

132

00:39:41.790 --> 00:39:56.850

Talline Martins: wellness and then research, how to train your advisor is like a mentoring and highly recommend all of you to come and see this workshop to kind of get started on the on the good good spot your advisors.

133

00:39:58.350 --> 00:40:02.160

Talline Martins: We also have we record their workshops, most of them, just like this one's being recorded.

134

00:40:03.270 --> 00:40:05.010

Talline Martins: And you can find them on their website.

135

00:40:06.210 --> 00:40:17.400

Talline Martins: here's some examples that we have, if you want to take a look some pressing topic that you, you know that we don't have this semester, maybe chances are we have it recorded.

136

00:40:19.440 --> 00:40:32.460

Talline Martins: And then, very quickly, these are some extent, not all some examples of campus resources that we have for you, and I mean that's going to show you where you can save you know what I have to maybe start writing this down.

137

00:40:32.820 --> 00:40:37.800

Talline Martins: And then that will show you where you can find out on their website, I just want to mention.

138

00:40:39.960 --> 00:40:41.250

Talline Martins: here's the patients have shown.

139

00:40:42.540 --> 00:40:47.760

Talline Martins: And I just want to mention a couple of things we have this subscription service to this.

140

00:40:48.750 --> 00:41:06.060

Talline Martins: resource called national Center for faculty development diversity says faculty on the name but I don't want you to be discouraged, I have a lot of resources for Grad students, including when you're done if you can file this somewhere in your brain 12 step program on writing your dissertation.

141

00:41:07.410 --> 00:41:15.870

Talline Martins: So please check that out, and they have other workshops, you know that are very you know, specifically for academic life very helpful.

142

00:41:17.040 --> 00:41:21.090

Talline Martins: linkedin learning has, you also have access to all of this, they have.

143

00:41:23.610 --> 00:41:30.150

Talline Martins: topics on almost anything you need so even things like you know coding let's say you want to do something really quickly.

144

00:41:31.350 --> 00:41:39.840

Talline Martins: You can go and you know, like a song or you go in and look at these things, and you might be able to do something very quick if you don't know like where to look for for helping us.

145

00:41:40.800 --> 00:42:00.480

Talline Martins: and start Oh, this is for teaching, this is a nationwide consortia that you have so part of so you can, and you can see just from the screenshots of indiana university's social network UCLA you have access to all of these, and you can register for free because you're a Grad student.

146

00:42:03.780 --> 00:42:06.510

Talline Martins: Okay, I think that was my.

147

00:42:07.620 --> 00:42:11.640

Talline Martins: Part sorry for going a little bit long and then amanda can show you.

148

00:42:13.830 --> 00:42:19.050

Amanda Catron (she/her): Thank you, Tony reclaim host hi everybody for anybody that came late.

149

00:42:19.740 --> 00:42:36.300

Amanda Catron (she/her): My name is amanda captain, I am the program coordinator for our office of graduate professional development again we're in grant or hall very close supplies of the Americas welcome you to stop by anytime would be happy to help out my screen showing okay plenty.

150

00:42:37.740 --> 00:42:48.510

Amanda Catron (she/her): Okay, so this is our website, you can literally Google Grad advanced us and you'll get there, but this is the link and it's also going to be in the.

151

00:42:48.810 --> 00:42:58.530

Amanda Catron (she/her): PowerPoint PDF that we upload for you, so you don't have to worry about copying all your links right now i'm gonna give you a very, very quick tour.

152

00:42:59.070 --> 00:43:07.770

Amanda Catron (she/her): We don't have much time left so i'll stick around for questions if you have any you can feel free to save them for the end or, of course, email us.

153

00:43:08.490 --> 00:43:16.800

Amanda Catron (she/her): This is our homepage of course the biggest button is the upcoming events that's from on and off campus we.

154

00:43:17.400 --> 00:43:25.860

Amanda Catron (she/her): Basically, the same things are in the newsletter we put in the upcoming events so lots of different resources and we curate the best for you.

155

00:43:26.550 --> 00:43:30.330

Amanda Catron (she/her): You can scroll down here you'll see again our six competencies.

156

00:43:31.170 --> 00:43:41.220

Amanda Catron (she/her): We don't that a lot of individuals, when they think of professional development, they think of CVs and interview skills and cover letters that's just one of the six areas that.

157

00:43:41.640 --> 00:43:52.740



Amanda Catron (she/her): You can grow in as a graduate student so to click around Of course you already know about us, but we can hover over the programs button here again upcoming events.

158

00:43:53.220 --> 00:44:00.900

Amanda Catron (she/her): Individual consultations so that's meeting one on one with me or myself, we have our email addresses here.

159

00:44:01.380 --> 00:44:18.090

Amanda Catron (she/her): If you are in social sciences and humanities, please feel free to reach out to me and for stem we've got Dr Martens who's an expert on that, of course, if you do want to work on your cover letter CV is we have Jamie herself from the career.

160

00:44:35.220 --> 00:44:36.990

Amanda Catron (she/her): Okay, can we still see my screen play.

161

00:44:38.070 --> 00:44:51.390

Amanda Catron (she/her): Okay sorry about that everyone okay so that's one of our programs individual consultations and I invite you to meet with us, even if you don't have a question, or maybe you have.

162

00:44:51.870 --> 00:45:00.210

Amanda Catron (she/her): A problem or an idea, and you don't really know what to ask, please feel free to stop by and we can kind of help guide you towards resources.

163

00:45:01.110 --> 00:45:11.610

Amanda Catron (she/her): to know where to ask questions also in our programs, we have our workshop series, as you mentioned, you can see our upcoming workshops, this one.

164

00:45:12.030 --> 00:45:20.880

Amanda Catron (she/her): right here, and the rest of our fall series, as you scroll down you just click here to register button it's very quick.

165

00:45:21.240 --> 00:45:36.570

Amanda Catron (she/her): If you're looking for recorded workshops, you want to scroll to the bottom and you'll be able to click any of these drop down menus you'll be able to see the title of the workshop who presented it and, of course, the materials, including the transcript.

166

00:45:37.980 --> 00:45:46.290

Amanda Catron (she/her): Pro tip you can click you've done a lot of time click the transcript control F, for what you're looking for and find the time to watch in the workshop.

167

00:45:47.730 --> 00:45:53.970

Amanda Catron (she/her): So that's our workshops page, we invite you, of course, to attend our entire workshop series this semester.

168

00:45:55.200 --> 00:46:02.100

Amanda Catron (she/her): We talked about some virtual writing hours, so we host right time, very clever whoever came up with that.

169

00:46:02.760 --> 00:46:18.540

Amanda Catron (she/her): And so we have ours this message Tuesdays 3pm to 4pm and Fridays 10:30am to 11:30am these are no commitment dropping hours you on Tuesday at three you click that link you're there.

170

00:46:18.960 --> 00:46:26.010

Amanda Catron (she/her): And you're there to meet other other graduate students but to right so you're not alone it's more of like a body doubling.

171

00:46:26.640 --> 00:46:38.910

Amanda Catron (she/her): That gives you some accountability to set aside time each week to write, we also just this semester started right time right place also very clever.

172

00:46:39.420 --> 00:46:56.610

Amanda Catron (she/her): Where the first Friday of each month from 1030 to 1130 so same zoom link we're going to do, organizational sessions, so instead of writing maybe we could spend some time renaming those pdfs you downloaded they're labeled 1697432.

173

00:46:57.060 --> 00:47:00.180

Amanda Catron (she/her): Maybe author and date might help a little bit more when you're searching.

174

00:47:01.140 --> 00:47:16.110

Amanda Catron (she/her): We also our sister office, the office of graduate diversity initiatives has writing Wednesdays that's available from 9am to 5pm you can come and go, as you, please, but it's another way to have accountability to continue writing.

175

00:47:17.010 --> 00:47:24.570

Amanda Catron (she/her): You do have to register, but that's just to get the zoom link, so please, we invite you to come and write with us, of course.

176

00:47:25.320 --> 00:47:44.580

Amanda Catron (she/her): If you're very much into writing, which we hope you are, we welcome you to apply to the ODP D writing program, this is a program So there is an application process we try to include as many students as possible that we can fit into the schedule that we make based off of your availability.

177

00:47:45.600 --> 00:47:55.380

Amanda Catron (she/her): it's a social support program we do not teach academic writing skills, what we do is we connect you with other graduate students into small discussion groups.

178

00:47:55.650 --> 00:48:02.010

Amanda Catron (she/her): so that you can work together, you know, to support each other, provide accountability set goals.

179

00:48:02.550 --> 00:48:17.220

Amanda Catron (she/her): discuss those and maybe describe about what's been going on that week I invite you to visit this web page and scroll down here to learn more about the program we will start again for spring, you will know, when the writing program applications open.

180

00:48:18.510 --> 00:48:26.700

Amanda Catron (she/her): So we also have as 20 said preparing future faculty, so this is more for in term getting ready to enter academia.

181

00:48:27.780 --> 00:48:44.250

Amanda Catron (she/her): As a professor potentially the women lead series is new, the Semester for the entire year to help women leaders lead, even better, and we have a job search series which is more for non academic career preparation.

182

00:48:45.570 --> 00:48:54.630

Amanda Catron (she/her): Here are competency pages, so you can click each one and each one has great resources in it i'm going to click communication.

183

00:48:55.380 --> 00:49:09.630

Amanda Catron (she/her): And the drop down boxes, we have public speaking for example lots of resources again so things like the library, the three minute thesis competition ways to overcome public speaking anxiety.

184

00:49:10.170 --> 00:49:24.870

Amanda Catron (she/her): Special resources for esl international students and of course farther down, we have teaching writing drop Downs you'll also be able to find previously recorded workshops here specifically in that competency.

185

00:49:25.560 --> 00:49:35.760

Amanda Catron (she/her): And we've curated some relevant courses offered at us, so, if you would like to take a course in that competency we've got a nice little list for you to search.

186

00:49:36.420 --> 00:49:47.070

Amanda Catron (she/her): So basically the website, the entire point of this website is to be for resources so again as 20 show we have this campus resources under planning resources.

187

00:49:47.550 --> 00:49:57.480

Amanda Catron (she/her): That is, we hope, a comprehensive, if not, they almost comprehensive list of on campus resources available to any Grad students.

188

00:49:57.900 --> 00:50:11.970

Amanda Catron (she/her): We everything is hyperlinked so you don't have to assign you said search around all of the US websites to find what you need you can come here and kind of move from there we've included some short descriptions to help you in your search.

189

00:50:13.080 --> 00:50:19.200

Amanda Catron (she/her): Also under planning resources and I put these in the chat we have the doctoral roadmap.

190

00:50:20.370 --> 00:50:25.320

Amanda Catron (she/her): seems a little small no problem right here, you click it and you download it and then you'll have it.

191

00:50:25.620 --> 00:50:34.980

Amanda Catron (she/her): You can also print a copy of this and there's a little boxes to check off, so if you're one of those people that likes to make it to do list just to be able to check off items on it already.

192

00:50:35.460 --> 00:50:48.630

Amanda Catron (she/her): I highly encourage downloading and printing this also in the planning resources if you have questions about individual development plans, I did as a Grad student at us certainly.

193

00:50:48.990 --> 00:51:01.950

Amanda Catron (she/her): So we have three drop down boxes, with a lot of information, including the basics, how to complete it and how to keep it going as a living document as cleaning explained.

194

00:51:02.850 --> 00:51:09.720

Amanda Catron (she/her): So those are planning resources, you can always find the newsletter in your inbox every other Wednesday.

195

00:51:10.140 --> 00:51:16.740

Amanda Catron (she/her): If you would like to look at previous editions you can just click the newsletter link and you can see previous editions right here.

196

00:51:17.730 --> 00:51:26.580

Amanda Catron (she/her): And finally, we do have faculty resources, so thank you faculty and staff for coming today if you click the fact that the resources button.

197

00:51:27.270 --> 00:51:35.970

Amanda Catron (she/her): You can see that, of course, we have individual development page, but we also have some resources for advising individual graduate students.

198

00:51:36.330 --> 00:51:47.400

Amanda Catron (she/her): And then general resources for graduate programs so not only does our office advocate for you as graduate students but we're also advocating and reaching out to faculty and staff and.

199

00:51:47.730 --> 00:51:56.490

Amanda Catron (she/her): Everybody across the university to provide you with the support that you need to be successful as possible during your graduate studies and after.

200

00:51:57.570 --> 00:52:04.680

Amanda Catron (she/her): So that's a very, very, very quick run through of the website, if you have questions i'm going to put my email in the chat.

201

00:52:06.030 --> 00:52:16.260

Amanda Catron (she/her): So you can go ahead and reach out to me if you have any other specific questions and check the chat here real quick Thank you to laney so do we have any.

202

00:52:17.310 --> 00:52:18.450

Amanda Catron (she/her): Stop sharing here.

203

00:52:19.620 --> 00:52:23.580

Amanda Catron (she/her): As we wrap up does anybody have any questions that we can answer.

204

00:52:24.600 --> 00:52:27.030

Amanda Catron (she/her): or help guide you to find those resources.

205

00:52:36.210 --> 00:52:55.770

Amanda Catron (she/her): Okay, well then i'm going to put in the link to our website, one more time we invite you to look around find areas that you can improve and, of course, be successful in your graduate studies feel free to reach out to us we're here for you to help you to be successful.

206

00:52:57.480 --> 00:53:11.970

Talline Martins: I know it's a lot of information, so please take your time explore a little bit there's something you're interested in that you couldn't find, let us know and we'll do you know do some digging for you and and and help you okay.

207

00:53:33.090 --> 00:53:36.780

Talline Martins: hi everyone Have a nice rest of your day in the week.

208

00:53:55.500 --> 00:53:56.010

Amanda Catron (she/her): looks like we're.

209

00:53:59.700 --> 00:54:01.170

Talline Martins: just throwing a bunch of information.

210

00:54:01.920 --> 00:54:03.900

Amanda Catron (she/her): You know what that what that's what it's there for.

211

00:54:05.910 --> 00:54:08.670

Amanda Catron (she/her): we'll see how it went Oh, we forgot to do the evaluation.

212

00:54:09.990 --> 00:54:12.090

Amanda Catron (she/her): I can send up a follow up email, let me do that.

213

00:54:13.590 --> 00:54:14.850

Amanda Catron (she/her): i'll see you later.